Aldursflokkamót HSK - 10.1.2016 – Hafnarfjörður

|  |  |  |  |  |  |  |  |  |  |  |  |
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| **Röð** | **Árangur** | **Vindur** | **Stig** | **Nafn** | **Afr** | **F.ár** | **Félag** | **Sería** |  |  |  |
| ***60 metra hlaup - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 9,68  |  |   |  | [Daði Kolviður Einarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112088) | 2005 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 2 | 9,94  |  |   |  | [Sigurjón Reynisson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96546) | 2005 | ÞJÓTANDI |   |  |  |  |  |  |  |  |  |
| 3 | 9,97  |  |   |  | [Hreimur Karlsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119078) | 2005 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 4 | 10,05  |  |   |  | [Guðmundur Brynjar Guðnason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=134690) | 2005 | DÍMON |   |  |  |  |  |  |  |  |  |
| 5 | 10,08 Pb.  |  |   |  | [Rúrik Nikolai Bragin](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=109817) | 2005 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 6 | 10,09  |  |   |  | [Olgeir Otri Engilbertsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103192) | 2005 | GARPUR |   |  |  |  |  |  |  |  |  |
| 7 | 10,23  |  |   |  | [Jón Ársæll Bergmann](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144641) | 2005 | DÍMON |   |  |  |  |  |  |  |  |  |
| 8 | 10,71  |  |   |  | [Óðinn Freyr Árnason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135303) | 2005 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 9 | 10,87  |  |   |  | [Birgir Valur Thorsteinson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126774) | 2005 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 10 | 11,05  |  |   |  | [Sölvi Örn Heiðarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=127540) | 2005 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 11 | 11,30  |  |   |  | [Gísli Gunnar Unnsteinsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126768) | 2005 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 12 | 11,74  |  |   |  | [Fannar Leví Bárðarson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135012) | 2005 | ÞJÓTANDI |   |  |  |  |  |  |  |  |  |
| 13 | 12,03  |  |   |  | [Birgir Sigur Sigurðsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144637) | 2005 | ÞJÓTANDI |   |  |  |  |  |  |  |  |  |
| 14 | 12,36  |  |   |  | [Sigurður Kristinn Sigurðsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144642) | 2005 | ÞJÓTANDI |   |  |  |  |  |  |  |  |  |
| ***60 metra hlaup - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 9,01 Pb.  |  |   |  | [Óskar Snorri Óskarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103598) | 2004 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 2-3 | 9,32 Pb.  |  |   |  | [Haukur Arnarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119417) | 2004 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 2-3 | 9,32 Pb.  |  |   |  | [Sæþór Atlason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102651) | 2004 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 4 | 9,68 Pb.  |  |   |  | [Jón Smári Guðjónsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=97521) | 2004 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 5 | 9,88 Pb.  |  |   |  | [Veigar Páll Karelsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119433) | 2004 | HSK |   |  |  |  |  |  |  |  |  |
| 6 | 10,03 Pb.  |  |   |  | [Valdimar Örn Ingvarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96560) | 2004 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 7 | 10,22 Pb.  |  |   |  | [Brynjar Logi Sölvason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119081) | 2004 | LAUGDÆLIR |   |  |  |  |  |  |  |  |  |
| 8 | 10,74  |  |   |  | [Gunnar Kári Bragason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102647) | 2004 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 9 | 11,29  |  |   |  | [Heinz Jóhann Brynjólfsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135018) | 2004 | ÞJÓTANDI |   |  |  |  |  |  |  |  |  |
| 10 | 11,64  |  |   |  | [Ágúst Þorsteinsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119466) | 2004 | ÞJÓTANDI |   |  |  |  |  |  |  |  |  |
| ***60 metra hlaup - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 8,63 Pb.  |  |   |  | [Sindri Freyr Seim Sigurðsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103195) | 2003 | HEKLA |   |  |  |  |  |  |  |  |  |
| 2 | 9,35  |  |   |  | [Jens Johnny Khorchai](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=137223) | 2003 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 3 | 9,41 Pb.  |  |   |  | [Baldur Steindórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96517) | 2003 | GARPUR |   |  |  |  |  |  |  |  |  |
| 4 | 9,67 Pb.  |  |   |  | [Auðunn Magni Björgvinsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96516) | 2003 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 5 | 10,10 Pb.  |  |   |  | [Unnsteinn Reynisson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96559) | 2003 | ÞJÓTANDI |   |  |  |  |  |  |  |  |  |
| 6 | 10,18  |  |   |  | [Guðmundur Gígjar Sigurbjörnsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=82492) | 2003 | LAUGDÆLIR |   |  |  |  |  |  |  |  |  |
| 7 | 10,63 Pb.  |  |   |  | [Kristján Ingi Þórðarson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=109174) | 2003 | ÞJÓTANDI |   |  |  |  |  |  |  |  |  |
| 8 | 11,83 Pb.  |  |   |  | [Símon Martinsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126569) | 2003 | ÞJÓTANDI |   |  |  |  |  |  |  |  |  |
| 9 | 12,03  |  |   |  | [Smári Þór Svansson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=70184) | 2003 | ÞJÓTANDI |   |  |  |  |  |  |  |  |  |
| ***60 metra hlaup - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 8,12  |  |   |  | [Hákon Birkir Grétarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96722) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 2 | 8,19  |  |   |  | [Dagur Fannar Einarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89103) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 3 | 8,20 Pb.  |  |   |  | [Kolbeinn Loftsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103188) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 4 | 8,42  |  |   |  | [Jónas Grétarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96089) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 5 | 8,64  |  |   |  | [Viktor Karl Halldórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=93636) | 2002 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 6 | 8,74  |  |   |  | [Máni Snær Benediktsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112098) | 2002 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 7 | 9,02 Pb.  |  |   |  | [Vilhelm Freyr Steindórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96792) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 8 | 9,09  |  |   |  | [Tryggvi Þórisson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=55506) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 9 | 9,18  |  |   |  | [Gabríel Bjarni Jónsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89192) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 10 | 10,35  |  |   |  | [Arnór Daði Brynjarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=69336) | 2002 | ÞÓR |   |  |  |  |  |  |  |  |  |
| ***600 metra hlaup - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 2:04,62  |  |   |  | [Óskar Snorri Óskarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103598) | 2004 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 2 | 2:06,13 Sb.  |  |   |  | [Jón Smári Guðjónsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=97521) | 2004 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 3 | 2:13,05  |  |   |  | [Veigar Páll Karelsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119433) | 2004 | HSK |   |  |  |  |  |  |  |  |  |
| 4 | 2:14,37  |  |   |  | [Valdimar Örn Ingvarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96560) | 2004 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 5 | 2:18,16  |  |   |  | [Haukur Arnarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119417) | 2004 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| ***600 metra hlaup - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 2:05,79 Pb.  |  |   |  | [Daði Kolviður Einarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112088) | 2005 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 2 | 2:10,28  |  |   |  | [Sigurjón Reynisson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96546) | 2005 | ÞJÓTANDI |   |  |  |  |  |  |  |  |  |
| 3 | 2:11,59  |  |   |  | [Óðinn Freyr Árnason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135303) | 2005 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 5 | 2:15,14  |  |   |  | [Olgeir Otri Engilbertsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103192) | 2005 | GARPUR |   |  |  |  |  |  |  |  |  |
| 6 | 2:16,15  |  |   |  | [Jón Ársæll Bergmann](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144641) | 2005 | DÍMON |   |  |  |  |  |  |  |  |  |
| 7 | 2:20,50 Pb.  |  |   |  | [Hreimur Karlsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119078) | 2005 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 8 | 2:22,39  |  |   |  | [Gísli Gunnar Unnsteinsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126768) | 2005 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 9 | 2:22,72  |  |   |  | [Guðmundur Brynjar Guðnason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=134690) | 2005 | DÍMON |   |  |  |  |  |  |  |  |  |
| 10 | 2:25,29 Pb.  |  |   |  | [Rúrik Nikolai Bragin](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=109817) | 2005 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 11 | 2:44,73  |  |   |  | [Sölvi Örn Heiðarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=127540) | 2005 | ÞÓR |   |  |  |  |  |  |  |  |  |
| ***800 metra hlaup - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 2:26,95 Pb.  |  |   |  | [Dagur Fannar Einarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89103) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 2 | 2:35,57 Pb.  |  |   |  | [Heiðar Óli Guðmundsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89112) | 2002 | HEKLA |   |  |  |  |  |  |  |  |  |
| 3 | 2:41,36  |  |   |  | [Máni Snær Benediktsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112098) | 2002 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 4 | 2:43,03  |  |   |  | [Vilhelm Freyr Steindórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96792) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 5 | 2:53,90 Pb.  |  |   |  | [Jónas Grétarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96089) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 6 | 2:55,58  |  |   |  | [Tryggvi Þórisson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=55506) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 7 | 2:56,29  |  |   |  | [Gabríel Bjarni Jónsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89192) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 8 | 3:04,87  |  |   |  | [Hákon Birkir Grétarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96722) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| ***800 metra hlaup - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 2:50,99 Pb.  |  |   |  | [Baldur Steindórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96517) | 2003 | GARPUR |   |  |  |  |  |  |  |  |  |
| 2 | 2:51,28 Pb.  |  |   |  | [Guðmundur Gígjar Sigurbjörnsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=82492) | 2003 | LAUGDÆLIR |   |  |  |  |  |  |  |  |  |
| 3 | 3:22,89 Pb.  |  |   |  | [Unnsteinn Reynisson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96559) | 2003 | ÞJÓTANDI |   |  |  |  |  |  |  |  |  |
| ***60 metra grind (76,2 cm) - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 11,34  |  |   |  | [Sindri Freyr Seim Sigurðsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103195) | 2003 | HEKLA |   |  |  |  |  |  |  |  |  |
| 2 | 12,55  |  |   |  | [Baldur Steindórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96517) | 2003 | GARPUR |   |  |  |  |  |  |  |  |  |
| 3 | 13,10  |  |   |  | [Guðmundur Gígjar Sigurbjörnsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=82492) | 2003 | LAUGDÆLIR |   |  |  |  |  |  |  |  |  |
| 4 | 14,93  |  |   |  | [Auðunn Magni Björgvinsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96516) | 2003 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 5 | 18,21  |  |   |  | [Símon Martinsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126569) | 2003 | ÞJÓTANDI |   |  |  |  |  |  |  |  |  |
| ***60 metra grind (84,0 cm) - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 9,87  |  |   |  | [Hákon Birkir Grétarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96722) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 2 | 10,50  |  |   |  | [Viktor Karl Halldórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=93636) | 2002 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 3 | 11,08  |  |   |  | [Dagur Fannar Einarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89103) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 4 | 11,11  |  |   |  | [Kolbeinn Loftsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103188) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 5 | 11,75  |  |   |  | [Tryggvi Þórisson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=55506) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 6 | 12,02  |  |   |  | [Gabríel Bjarni Jónsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89192) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 7 | 12,49  |  |   |  | [Máni Snær Benediktsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112098) | 2002 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| ***Hástökk - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 1,18 Pb.  |  |   |  | [Hreimur Karlsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119078) | 2005 | SELFOSS | 0,98/o 1,03/o 1,08/o 1,13/o 1,18/xo 1,20/xxx |  |  |  |  |  |  |  |  |
| 2 | 1,13 Pb.  |  |   |  | [Rúrik Nikolai Bragin](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=109817) | 2005 | SELFOSS | 0,98/o 1,03/o 1,08/o 1,13/o 1,18/xxx |  |  |  |  |  |  |  |  |
| 3 | 1,13 Pb.  |  |   |  | [Gísli Gunnar Unnsteinsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126768) | 2005 | HRUNAM. | 0,98/o 1,03/o 1,08/xo 1,13/o 1,18/xxx |  |  |  |  |  |  |  |  |
| 4 | 1,13 Pb.  |  |   |  | [Olgeir Otri Engilbertsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103192) | 2005 | GARPUR | 0,98/o 1,03/o 1,08/xo 1,13/xo 1,18/xxx |  |  |  |  |  |  |  |  |
| 5 | 1,13 Pb.  |  |   |  | [Óðinn Freyr Árnason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135303) | 2005 | HRUNAM. | 0,98/xo 1,03/o 1,08/xo 1,13/xo 1,18/xxx |  |  |  |  |  |  |  |  |
| 6-8 | 1,08  |  |   |  | [Daði Kolviður Einarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112088) | 2005 | SELFOSS | 0,98/o 1,03/o 1,08/o 1,13/xxx |  |  |  |  |  |  |  |  |
| 6-8 | 1,08 Pb.  |  |   |  | [Sigurjón Reynisson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96546) | 2005 | ÞJÓTANDI | 0,98/o 1,03/o 1,08/o 1,13/xxx |  |  |  |  |  |  |  |  |
| 6-8 | 1,08  |  |   |  | [Jón Ársæll Bergmann](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144641) | 2005 | DÍMON | 0,98/o 1,03/o 1,08/o 1,13/xxx |  |  |  |  |  |  |  |  |
| 9 | 1,08 Pb.  |  |   |  | [Guðmundur Brynjar Guðnason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=134690) | 2005 | DÍMON | 0,98/o 1,03/o 1,08/xo 1,13/xxx |  |  |  |  |  |  |  |  |
| ***Hástökk - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 1,30 =Pb.  |  |   |  | [Óskar Snorri Óskarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103598) | 2004 | HRUNAM. | 0,90/o 1,00/o 1,05/o 1,10/o 1,15/o 1,20/o 1,25/o 1,30/xxo |  |  |  |  |  |  |  |  |
| 2 | 1,25  |  |   |  | [Hjörtur Snær Halldórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135431) | 2004 | HRUNAM. | 0,90/o 1,00/o 1,05/o 1,10/o 1,15/o 1,20/o 1,25/o 1,30/xxx |  |  |  |  |  |  |  |  |
| 3 | 1,25 Pb.  |  |   |  | [Sæþór Atlason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102651) | 2004 | SELFOSS | 0,90/o 1,00/o 1,05/o 1,10/o 1,15/o 1,20/o 1,25/xo 1,30/xxx |  |  |  |  |  |  |  |  |
| 4 | 1,20 =Pb.  |  |   |  | [Jón Smári Guðjónsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=97521) | 2004 | SELFOSS | 0,90/o 1,00/xo 1,05/o 1,10/o 1,15/xo 1,20/xo 1,25/xxx |  |  |  |  |  |  |  |  |
| 5 | 1,20 Pb.  |  |   |  | [Haukur Arnarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119417) | 2004 | HRUNAM. | 0,90/o 1,00/o 1,05/o 1,10/o 1,15/xxo 1,20/xxo 1,25/xxx |  |  |  |  |  |  |  |  |
| 6 | 1,10 =Pb.  |  |   |  | [Veigar Páll Karelsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119433) | 2004 | HSK | 0,90/o 1,00/o 1,05/- 1,10/o 1,15/xxx |  |  |  |  |  |  |  |  |
| 7 | 1,10 =Pb.  |  |   |  | [Valdimar Örn Ingvarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96560) | 2004 | HRUNAM. | 0,90/o 1,00/xo 1,05/o 1,10/o 1,15/xx |  |  |  |  |  |  |  |  |
| 8 | 1,05  |  |   |  | [Gunnar Kári Bragason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102647) | 2004 | SELFOSS | 0,90/o 1,00/o 1,05/o 1,10/xxx |  |  |  |  |  |  |  |  |
| 9 | 1,00  |  |   |  | [Ágúst Þorsteinsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119466) | 2004 | ÞJÓTANDI | 0,90/o 1,00/o 1,05/xxx |  |  |  |  |  |  |  |  |
| 10 | 1,00  |  |   |  | [Benjamín Guðnason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=72418) | 2004 | SELFOSS | 0,90/o 1,00/xo 1,05/xxx |  |  |  |  |  |  |  |  |
| ***Hástökk - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1-2 | 1,70 Pb.  |  |   |  | [Kolbeinn Loftsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103188) | 2002 | SELFOSS | 1,20/- 1,25/- 1,30/- 1,35/- 1,40/o 1,45/o 1,50/xo 1,55/o 1,60/o 1,65/o 1,70/xxo 1,75/xxx |  |  |  |  |  |  |  |  |
| 1-2 | 1,70 Pb.  |  |   |  | [Hákon Birkir Grétarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96722) | 2002 | SELFOSS | 1,20/- 1,25/- 1,30/- 1,35/- 1,40/o 1,45/o 1,50/o 1,55/xo 1,60/o 1,65/o 1,70/xxo 1,75/xxx |  |  |  |  |  |  |  |  |
| 3 | 1,55  |  |   |  | [Máni Snær Benediktsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112098) | 2002 | HRUNAM. | 1,20/o 1,25/o 1,30/o 1,35/o 1,40/o 1,45/o 1,50/xxo 1,55/xo 1,60/xxx |  |  |  |  |  |  |  |  |
| 4 | 1,45  |  |   |  | [Tryggvi Þórisson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=55506) | 2002 | SELFOSS | 1,20/o 1,25/o 1,30/o 1,35/o 1,40/o 1,45/o 1,50/xxx |  |  |  |  |  |  |  |  |
| 5 | 1,45 =Pb.  |  |   |  | [Vilhelm Freyr Steindórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96792) | 2002 | SELFOSS | 1,20/- 1,25/o 1,30/o 1,35/o 1,40/o 1,45/xo 1,50/xxx |  |  |  |  |  |  |  |  |
| 6 | 1,40 Pb.  |  |   |  | [Viktor Karl Halldórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=93636) | 2002 | ÞÓR | 1,20/o 1,25/o 1,30/o 1,35/xo 1,40/o 1,45/xxx |  |  |  |  |  |  |  |  |
| 7 | 1,35  |  |   |  | [Dagur Fannar Einarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89103) | 2002 | SELFOSS | 1,20/- 1,25/o 1,30/o 1,35/o 1,40/xxx |  |  |  |  |  |  |  |  |
| 8 | 1,35 Pb.  |  |   |  | [Jónas Grétarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96089) | 2002 | SELFOSS | 1,20/o 1,25/o 1,30/xo 1,35/o 1,40/xxx |  |  |  |  |  |  |  |  |
| 9 | 1,25  |  |   |  | [Gabríel Bjarni Jónsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89192) | 2002 | SELFOSS | 1,20/o 1,25/o 1,30/xxx |  |  |  |  |  |  |  |  |
| ***Hástökk - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 1,38  |  |   |  | [Sindri Freyr Seim Sigurðsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103195) | 2003 | HEKLA | 1,03/o 1,08/o 1,13/o 1,18/o 1,23/o 1,28/o 1,33/o 1,38/o 1,43/xxx |  |  |  |  |  |  |  |  |
| 2 | 1,28 Pb.  |  |   |  | [Guðmundur Gígjar Sigurbjörnsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=82492) | 2003 | LAUGDÆLIR | 1,03/o 1,08/o 1,13/o 1,18/o 1,23/o 1,28/xo 1,33/xxx |  |  |  |  |  |  |  |  |
| 3 | 1,28 Pb.  |  |   |  | [Ólafur Magni Jónsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102923) | 2003 | BISKUPST | 1,03/o 1,08/o 1,13/o 1,18/xo 1,23/o 1,28/xxo 1,33/xxx |  |  |  |  |  |  |  |  |
| 4 | 1,23 Pb.  |  |   |  | [Baldur Steindórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96517) | 2003 | GARPUR | 1,03/o 1,08/o 1,13/o 1,18/o 1,23/xo 1,28/xxx |  |  |  |  |  |  |  |  |
| 5 | 1,08  |  |   |  | [Auðunn Magni Björgvinsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96516) | 2003 | HRUNAM. | 1,03/o 1,08/o 1,13/xxx |  |  |  |  |  |  |  |  |
| 6 | 1,08 Pb.  |  |   |  | [Kristján Ingi Þórðarson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=109174) | 2003 | ÞJÓTANDI | 1,03/o 1,08/xxo 1,13/xxx |  |  |  |  |  |  |  |  |
| 7 | 1,03  |  |   |  | [Smári Þór Svansson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=70184) | 2003 | ÞJÓTANDI | 1,03/xo 1,08/xxx |  |  |  |  |  |  |  |  |
| ***Langstökk - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 4,57  |  |   |  | [Sindri Freyr Seim Sigurðsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103195) | 2003 | HEKLA | 4,23/ - 4,38/ - 4,57/ - 4,45/ - / - / |  |  |  |  |  |  |  |  |
| 2 | 3,77  |  |   |  | [Hjalti Snær Helgason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=55460) | 2003 | SELFOSS | óg/ - óg/ - 3,77/ - 2,37/ - / - / |  |  |  |  |  |  |  |  |
| 3 | 3,67  |  |   |  | [Baldur Steindórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96517) | 2003 | GARPUR | 3,67/ - 3,24/ - 3,14/ - 3,37/ - / - / |  |  |  |  |  |  |  |  |
| 4 | 3,63  |  |   |  | [Guðmundur Gígjar Sigurbjörnsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=82492) | 2003 | LAUGDÆLIR | 3,57/ - 3,54/ - 3,62/ - 3,63/ - / - / |  |  |  |  |  |  |  |  |
| 5 | 3,38  |  |   |  | [Jens Johnny Khorchai](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=137223) | 2003 | ÞÓR | óg/ - 3,12/ - 3,20/ - 3,38/ - / - / |  |  |  |  |  |  |  |  |
| 6 | 3,35  |  |   |  | [Ólafur Magni Jónsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102923) | 2003 | BISKUPST | 3,35/ - 3,22/ - 2,29/ - 3,11/ - / - / |  |  |  |  |  |  |  |  |
| 7 | 3,34  |  |   |  | [Unnsteinn Reynisson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96559) | 2003 | ÞJÓTANDI | 3,34/ - 1,50/ - 1,58/ - óg/ - / - / |  |  |  |  |  |  |  |  |
| 8 | 3,08  |  |   |  | [Kristján Ingi Þórðarson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=109174) | 2003 | ÞJÓTANDI | 2,83/ - óg/ - 3,08/ - 3,06/ - / - / |  |  |  |  |  |  |  |  |
| 9 | 2,76  |  |   |  | [Símon Martinsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126569) | 2003 | ÞJÓTANDI | 2,76/ - 2,45/ - óg/ - 2,47/ - / - / |  |  |  |  |  |  |  |  |
| 10 | 2,33  |  |   |  | [Smári Þór Svansson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=70184) | 2003 | ÞJÓTANDI | 2,33/ - 2,33/ - 2,26/ - 2,06/ - / - / |  |  |  |  |  |  |  |  |
| ***Langstökk - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 5,01  |  |   |  | [Hákon Birkir Grétarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96722) | 2002 | SELFOSS | óg/ - óg/ - 4,22/ - 5,01/ - / - / |  |  |  |  |  |  |  |  |
| 2 | 4,97 Pb.  |  |   |  | [Dagur Fannar Einarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89103) | 2002 | SELFOSS | 4,97/ - 4,88/ - 4,64/ - 4,52/ - / - / |  |  |  |  |  |  |  |  |
| 3 | 4,76 Pb.  |  |   |  | [Máni Snær Benediktsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112098) | 2002 | HRUNAM. | 4,40/ - 4,50/ - 4,76/ - 4,62/ - / - / |  |  |  |  |  |  |  |  |
| 4 | 4,53 Pb.  |  |   |  | [Jónas Grétarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96089) | 2002 | SELFOSS | 4,53/ - 4,13/ - 3,74/ - óg/ - / - / |  |  |  |  |  |  |  |  |
| 5 | 4,52  |  |   |  | [Viktor Karl Halldórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=93636) | 2002 | ÞÓR | 4,49/ - 4,51/ - óg/ - 4,52/ - / - / |  |  |  |  |  |  |  |  |
| 6 | 4,50 Pb.  |  |   |  | [Vilhelm Freyr Steindórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96792) | 2002 | SELFOSS | 4,50/ - 4,07/ - óg/ - óg/ - / - / |  |  |  |  |  |  |  |  |
| 7 | 4,38  |  |   |  | [Tryggvi Þórisson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=55506) | 2002 | SELFOSS | 4,38/ - óg/ - 4,03/ - 3,10/ - / - / |  |  |  |  |  |  |  |  |
| 8 | 4,35  |  |   |  | [Gabríel Bjarni Jónsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89192) | 2002 | SELFOSS | 4,06/ - 4,35/ - óg/ - óg/ - / - / |  |  |  |  |  |  |  |  |
| 9 | 3,20 Pb.  |  |   |  | [Arnór Daði Brynjarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=69336) | 2002 | ÞÓR | 2,06/ - óg/ - 3,20/ - ó/ - / - / |  |  |  |  |  |  |  |  |
| ***Langstökk - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 3,73  |  |   |  | [Sigurjón Reynisson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96546) | 2005 | ÞJÓTANDI | 3,73/ - 1,81/ - 3,41/ - 3,38/ - / - / |  |  |  |  |  |  |  |  |
| 2 | 3,68  |  |   |  | [Rúrik Nikolai Bragin](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=109817) | 2005 | SELFOSS | 3,53/ - 3,68/ - 3,65/ - óg/ - / - / |  |  |  |  |  |  |  |  |
| 3 | 3,58  |  |   |  | [Guðmundur Brynjar Guðnason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=134690) | 2005 | DÍMON | óg/ - 3,06/ - 3,08/ - 3,58/ - / - / |  |  |  |  |  |  |  |  |
| 4 | 3,44  |  |   |  | [Daði Kolviður Einarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112088) | 2005 | SELFOSS | 3,42/ - 3,40/ - 3,44/ - 3,26/ - / - / |  |  |  |  |  |  |  |  |
| 5 | 3,32  |  |   |  | [Hreimur Karlsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119078) | 2005 | SELFOSS | 3,26/ - 3,32/ - 3,18/ - 3,28/ - / - / |  |  |  |  |  |  |  |  |
| 6 | 3,32  |  |   |  | [Olgeir Otri Engilbertsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103192) | 2005 | GARPUR | 3,12/ - 3,23/ - óg/ - 3,32/ - / - / |  |  |  |  |  |  |  |  |
| 7 | 3,15  |  |   |  | [Óðinn Freyr Árnason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135303) | 2005 | HRUNAM. | 2,80/ - 2,95/ - óg/ - 3,15/ - / - / |  |  |  |  |  |  |  |  |
| 8 | 2,99  |  |   |  | [Jón Ársæll Bergmann](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144641) | 2005 | DÍMON | 2,38/ - 2,99/ - 2,81/ - 2,85/ - / - / |  |  |  |  |  |  |  |  |
| 9 | 2,96  |  |   |  | [Gísli Gunnar Unnsteinsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126768) | 2005 | HRUNAM. | 2,83/ - 2,96/ - 2,54/ - 2,86/ - / - / |  |  |  |  |  |  |  |  |
| 10 | 2,78  |  |   |  | [Sölvi Örn Heiðarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=127540) | 2005 | ÞÓR | 2,41/ - 2,42/ - 2,65/ - 2,78/ - / - / |  |  |  |  |  |  |  |  |
| 11 | 2,47  |  |   |  | [Birgir Valur Thorsteinson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126774) | 2005 | HRUNAM. | 2,43/ - 2,08/ - 2,47/ - 2,26/ - / - / |  |  |  |  |  |  |  |  |
| ***Langstökk - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 4,15 =Pb.  |  |   |  | [Óskar Snorri Óskarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103598) | 2004 | HRUNAM. | 3,76/ - 4,15/ - 3,79/ - 4,07/ - / - / |  |  |  |  |  |  |  |  |
| 2 | 4,04 Pb.  |  |   |  | [Hjörtur Snær Halldórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135431) | 2004 | HRUNAM. | 4,04/ - 3,78/ - 3,92/ - 3,98/ - / - / |  |  |  |  |  |  |  |  |
| 3 | 3,98 Pb.  |  |   |  | [Jón Smári Guðjónsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=97521) | 2004 | SELFOSS | 3,83/ - 3,78/ - 3,80/ - 3,98/ - / - / |  |  |  |  |  |  |  |  |
| 4 | 3,94  |  |   |  | [Sæþór Atlason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102651) | 2004 | SELFOSS | 3,87/ - 3,94/ - 3,75/ - 3,82/ - / - / |  |  |  |  |  |  |  |  |
| 5 | 3,68 Pb.  |  |   |  | [Brynjar Logi Sölvason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119081) | 2004 | LAUGDÆLIR | 3,63/ - 3,52/ - 3,27/ - 3,68/ - / - / |  |  |  |  |  |  |  |  |
| 6 | 3,65  |  |   |  | [Haukur Arnarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119417) | 2004 | HRUNAM. | 3,65/ - 3,47/ - 3,51/ - 3,64/ - / - / |  |  |  |  |  |  |  |  |
| 7 | 3,62 Pb.  |  |   |  | [Valdimar Örn Ingvarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96560) | 2004 | HRUNAM. | 3,44/ - 3,62/ - 3,43/ - óg/ - / - / |  |  |  |  |  |  |  |  |
| 8 | 3,51 Pb.  |  |   |  | [Veigar Páll Karelsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119433) | 2004 | HSK | 3,46/ - 2,76/ - 3,51/ - 3,42/ - / - / |  |  |  |  |  |  |  |  |
| 9 | 3,10  |  |   |  | [Gunnar Kári Bragason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102647) | 2004 | SELFOSS | 2,23/ - 2,80/ - óg/ - 3,10/ - / - / |  |  |  |  |  |  |  |  |
| 10 | 2,75  |  |   |  | [Benjamín Guðnason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=72418) | 2004 | SELFOSS | 2,75/ - 2,59/ - 2,69/ - óg/ - / - / |  |  |  |  |  |  |  |  |
| ***Kúluvarp (2,0 kg) - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 7,56 Pb.  |  |   |  | [Óðinn Freyr Árnason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135303) | 2005 | HRUNAM. | 7,56 - 6,72 - 6,18 - 6,58 - - |  |  |  |  |  |  |  |  |
| 2 | 6,91  |  |   |  | [Sölvi Örn Heiðarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=127540) | 2005 | ÞÓR | 6,48 - 6,27 - 6,50 - 6,91 - - |  |  |  |  |  |  |  |  |
| 3 | 6,81 Pb.  |  |   |  | [Rúrik Nikolai Bragin](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=109817) | 2005 | SELFOSS | 6,26 - 6,28 - 6,76 - 6,81 - - |  |  |  |  |  |  |  |  |
| 4 | 6,59  |  |   |  | [Olgeir Otri Engilbertsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103192) | 2005 | GARPUR | 6,25 - 6,59 - 6,29 - 5,83 - - |  |  |  |  |  |  |  |  |
| 5 | 6,54 Pb.  |  |   |  | [Guðmundur Brynjar Guðnason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=134690) | 2005 | DÍMON | 5,56 - 5,81 - 6,54 - 6,17 - - |  |  |  |  |  |  |  |  |
| 6 | 6,45 Pb.  |  |   |  | [Sigurjón Reynisson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96546) | 2005 | ÞJÓTANDI | 6,27 - 6,45 - 6,21 - 6,05 - - |  |  |  |  |  |  |  |  |
| 7 | 6,44 Pb.  |  |   |  | [Daði Kolviður Einarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112088) | 2005 | SELFOSS | sl - 6,44 - 5,35 - 6,02 - - |  |  |  |  |  |  |  |  |
| 8 | 6,41 Pb.  |  |   |  | [Gísli Gunnar Unnsteinsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126768) | 2005 | HRUNAM. | 6,05 - 6,41 - 5,83 - sl - - |  |  |  |  |  |  |  |  |
| 9 | 6,39 Sb.  |  |   |  | [Birgir Valur Thorsteinson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126774) | 2005 | HRUNAM. | 6,39 - 6,34 - 6,29 - 6,13 - - |  |  |  |  |  |  |  |  |
| 10 | 6,21 =Pb.  |  |   |  | [Hreimur Karlsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119078) | 2005 | SELFOSS | 6,13 - 5,99 - 6,21 - 5,92 - - |  |  |  |  |  |  |  |  |
| 11 | 5,55  |  |   |  | [Jón Ársæll Bergmann](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144641) | 2005 | DÍMON | 5,55 - 5,45 - sl - sl - - |  |  |  |  |  |  |  |  |
| 12 | 5,49  |  |   |  | [Sigurður Kristinn Sigurðsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144642) | 2005 | ÞJÓTANDI | 5,30 - 5,49 - 4,84 - 4,95 - - |  |  |  |  |  |  |  |  |
| ***Kúluvarp (3,0 kg) - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 7,95  |  |   |  | [Sæþór Atlason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102651) | 2004 | SELFOSS | 7,94 - 7,64 - 7,84 - 7,95 - - |  |  |  |  |  |  |  |  |
| 2 | 7,70  |  |   |  | [Benjamín Guðnason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=72418) | 2004 | SELFOSS | 7,70 - 7,34 - 7,28 - 7,18 - - |  |  |  |  |  |  |  |  |
| 3 | 7,24  |  |   |  | [Óskar Snorri Óskarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103598) | 2004 | HRUNAM. | 6,41 - 6,86 - 6,99 - 7,24 - - |  |  |  |  |  |  |  |  |
| 4 | 7,13  |  |   |  | [Hjörtur Snær Halldórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135431) | 2004 | HRUNAM. | 6,91 - 7,13 - 5,32 - 7,09 - - |  |  |  |  |  |  |  |  |
| 5 | 6,41  |  |   |  | [Valdimar Örn Ingvarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96560) | 2004 | HRUNAM. | 5,51 - 5,64 - 5,24 - 6,41 - - |  |  |  |  |  |  |  |  |
| 6 | 6,31  |  |   |  | [Haukur Arnarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119417) | 2004 | HRUNAM. | 6,31 - 5,94 - 5,51 - 6,16 - - |  |  |  |  |  |  |  |  |
| 7 | 6,06  |  |   |  | [Jón Smári Guðjónsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=97521) | 2004 | SELFOSS | 5,33 - 5,73 - 6,06 - 5,87 - - |  |  |  |  |  |  |  |  |
| 8 | 5,62  |  |   |  | [Gunnar Kári Bragason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102647) | 2004 | SELFOSS | 5,36 - 5,62 - 4,83 - 5,44 - - |  |  |  |  |  |  |  |  |
| 9 | 5,49  |  |   |  | [Heinz Jóhann Brynjólfsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135018) | 2004 | ÞJÓTANDI | 4,90 - 5,34 - 5,00 - 5,49 - - |  |  |  |  |  |  |  |  |
| 10 | 5,37  |  |   |  | [Brynjar Logi Sölvason](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119081) | 2004 | LAUGDÆLIR | 5,29 - 5,37 - 5,03 - 5,32 - - |  |  |  |  |  |  |  |  |
| ***Kúluvarp (3,0 kg) - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 9,76  |  |   |  | [Ólafur Magni Jónsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102923) | 2003 | BISKUPST | 9,76 - 9,75 - 9,44 - 9,70 - - |  |  |  |  |  |  |  |  |
| 2 | 8,78  |  |   |  | [Jens Johnny Khorchai](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=137223) | 2003 | ÞÓR | 8,78 - 8,22 - 8,37 - 7,96 - - |  |  |  |  |  |  |  |  |
| 3 | 7,75 Pb.  |  |   |  | [Sindri Freyr Seim Sigurðsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=103195) | 2003 | HEKLA | 6,90 - 7,45 - 7,01 - 7,75 - - |  |  |  |  |  |  |  |  |
| 4 | 7,72  |  |   |  | [Auðunn Magni Björgvinsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96516) | 2003 | HRUNAM. | 6,95 - 7,58 - 7,28 - 7,72 - - |  |  |  |  |  |  |  |  |
| 5 | 7,51  |  |   |  | [Einar Árni Ólafsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89104) | 2003 | HSK | 6,18 - 6,60 - 5,93 - 7,51 - - |  |  |  |  |  |  |  |  |
| 6 | 7,12  |  |   |  | [Baldur Steindórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96517) | 2003 | GARPUR | 7,12 - 6,52 - 6,82 - 6,39 - - |  |  |  |  |  |  |  |  |
| 7 | 6,89 Pb.  |  |   |  | [Unnsteinn Reynisson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96559) | 2003 | ÞJÓTANDI | 6,68 - 6,89 - 6,30 - 6,45 - - |  |  |  |  |  |  |  |  |
| 8 | 6,36  |  |   |  | [Kristján Ingi Þórðarson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=109174) | 2003 | ÞJÓTANDI | 6,35 - 6,36 - 6,01 - 6,31 - - |  |  |  |  |  |  |  |  |
| 9 | 6,33  |  |   |  | [Smári Þór Svansson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=70184) | 2003 | ÞJÓTANDI | 6,33 - 5,86 - 6,00 - 5,77 - - |  |  |  |  |  |  |  |  |
| ***Kúluvarp (4 kg) - Karla - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 10,70  |  |   |  | [Vilhelm Freyr Steindórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96792) | 2002 | SELFOSS | 9,59 - 9,78 - 10,12 - 10,70 - - |  |  |  |  |  |  |  |  |
| 2 | 10,12  |  |   |  | [Hákon Birkir Grétarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96722) | 2002 | SELFOSS | 10,00 - 10,12 - 9,20 - 9,36 - - |  |  |  |  |  |  |  |  |
| 3 | 9,05  |  |   |  | [Tryggvi Þórisson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=55506) | 2002 | SELFOSS | 8,63 - 8,49 - 8,79 - 9,05 - - |  |  |  |  |  |  |  |  |
| 4 | 8,53  |  |   |  | [Jónas Grétarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96089) | 2002 | SELFOSS | 8,39 - 8,53 - 8,33 - 7,83 - - |  |  |  |  |  |  |  |  |
| 5 | 8,52  |  |   |  | [Dagur Fannar Einarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89103) | 2002 | SELFOSS | 8,32 - 8,04 - 8,19 - 8,52 - - |  |  |  |  |  |  |  |  |
| 6 | 7,97  |  |   |  | [Viktor Karl Halldórsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=93636) | 2002 | ÞÓR | 7,37 - 7,66 - 7,84 - 7,97 - - |  |  |  |  |  |  |  |  |
| 7 | 6,57  |  |   |  | [Máni Snær Benediktsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112098) | 2002 | HRUNAM. | 5,96 - 6,57 - 6,52 - 4,94 - - |  |  |  |  |  |  |  |  |
| 8 | 6,37  |  |   |  | [Logi Viðarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126572) | 2002 | ÞJÓTANDI | 6,09 - 6,13 - 6,37 - 6,29 - - |  |  |  |  |  |  |  |  |
| 9 | 5,85  |  |   |  | [Gabríel Bjarni Jónsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89192) | 2002 | SELFOSS | 5,85 - 5,40 - 5,60 - 4,88 - - |  |  |  |  |  |  |  |  |
| 10 | 5,60  |  |   |  | [Arnór Daði Brynjarsson](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=69336) | 2002 | ÞÓR | 5,41 - 5,56 - óg - 5,60 - - |  |  |  |  |  |  |  |  |
| ***60 metra hlaup - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 9,44  |  |   |  | [Hrefna Sif Jónasdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126344) | 2004 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 2 | 9,84  |  |   |  | [Heiðdís Lilja Erlingsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119416) | 2004 | GARPUR |   |  |  |  |  |  |  |  |  |
| 3 | 10,06 Pb.  |  |   |  | [Ingibjörg Bára Pálsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=70970) | 2004 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 4 | 10,08 Pb.  |  |   |  | [Thelma Karen Siggeirsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112101) | 2004 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 5 | 10,36  |  |   |  | [Ragnheiður Jónsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126782) | 2004 | HEKLA |   |  |  |  |  |  |  |  |  |
| 6 | 10,59  |  |   |  | [Margrét Inga Ágústsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96540) | 2004 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 7 | 11,32  |  |   |  | [Friðveig Dögg Sveinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144617) | 2004 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 8 | 11,34 Pb.  |  |   |  | [Guðný Vala Björgvinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96528) | 2004 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 9 | 12,03  |  |   |  | [Guðmunda Bríet Steindórsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126786) | 2004 | ÞJÓTANDI |   |  |  |  |  |  |  |  |  |
| ***60 metra hlaup - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 9,36 Pb.  |  |   |  | [Auður Helga Halldórsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=93635) | 2005 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 2 | 10,22 Pb.  |  |   |  | [Katrín Ósk Þrastardóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=118702) | 2005 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 3 | 10,27  |  |   |  | [Árbjörg Sunna Markúsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126764) | 2005 | GARPUR |   |  |  |  |  |  |  |  |  |
| 4 | 10,35 =Pb.  |  |   |  | [Hildur Björk Gunnsteinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126388) | 2005 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 5 | 10,38  |  |   |  | [Bríet Anna Heiðarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=127530) | 2005 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 6 | 10,42 Pb.  |  |   |  | [Bryndís Einarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=127531) | 2005 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 7 | 10,53  |  |   |  | [Silvía Rós Valdimarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=120463) | 2005 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 8 | 10,78  |  |   |  | [Agnes Fríða Þórðardóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135923) | 2005 | GARPUR |   |  |  |  |  |  |  |  |  |
| 9 | 10,89 Pb.  |  |   |  | [Rebekka Georgsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135434) | 2005 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 10 | 11,07  |  |   |  | [Gígja Rut Gautadóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112091) | 2005 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 11 | 11,30  |  |   |  | [Auður Magnea Sigurðardóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112087) | 2005 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 12 | 11,70  |  |   |  | [Þorbjörg Skarphéðinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126765) | 2005 | GARPUR |   |  |  |  |  |  |  |  |  |
| 13 | 11,86  |  |   |  | [Erlín Katla Hansdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144638) | 2005 | ÞJÓTANDI |   |  |  |  |  |  |  |  |  |
| ***60 metra hlaup - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 9,06 Pb.  |  |   |  | [Jóna Kolbrún Helgadóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102929) | 2003 | BISKUPST |   |  |  |  |  |  |  |  |  |
| 2 | 9,09 Pb.  |  |   |  | [Helga Ósk Gunnsteinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119415) | 2003 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 3 | 9,11 Pb.  |  |   |  | [Una Bóel Jónsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=81810) | 2003 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 4 | 9,21  |  |   |  | [Eva María Baldursdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96523) | 2003 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 5 | 9,61 Pb.  |  |   |  | [Alice Alexandra Flores](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102981) | 2003 | LAUGDÆLIR |   |  |  |  |  |  |  |  |  |
| 6-7 | 9,77  |  |   |  | [Hildur Anna Sigurbjörnsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=82493) | 2003 | LAUGDÆLIR |   |  |  |  |  |  |  |  |  |
| 6-7 | 9,77 Pb.  |  |   |  | [Þórdís Ósk Ólafsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135221) | 2003 | DÍMON |   |  |  |  |  |  |  |  |  |
| 8 | 9,91 Pb.  |  |   |  | [Guðný Salvör Hannesdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119418) | 2003 | GARPUR |   |  |  |  |  |  |  |  |  |
| 9 | 10,05  |  |   |  | [Unnur Kjartansdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102925) | 2003 | BISKUPST |   |  |  |  |  |  |  |  |  |
| 10 | 10,22  |  |   |  | [Emilía Sól Guðmundsdóttir Öfjörð](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96088) | 2003 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 11 | 10,34  |  |   |  | [Sandra Magnúsdóttir Kilinska](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135767) | 2003 | ÞÓR |   |  |  |  |  |  |  |  |  |
| ***60 metra hlaup - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 8,81 Pb.  |  |   |  | [Valgerður Einarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126581) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 2 | 8,82  |  |   |  | [Solveig Þóra Þorsteinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112100) | 2002 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 3 | 9,35  |  |   |  | [Hildur Helga Einarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=55487) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 4 | 9,71  |  |   |  | [Helena Ágústsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=55459) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 5 | 9,74  |  |   |  | [Þóra Erlingsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=82496) | 2002 | LAUGDÆLIR |   |  |  |  |  |  |  |  |  |
| 6 | 9,97 Pb.  |  |   |  | [Unnur María Ingvarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89223) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 7 | 10,43  |  |   |  | [Ingibjörg Hugrún Jóhannesdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=81799) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| ***600 metra hlaup - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 2:15,65  |  |   |  | [Hildur Björk Gunnsteinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126388) | 2005 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 2 | 2:15,83  |  |   |  | [Katrín Ósk Þrastardóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=118702) | 2005 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 3 | 2:21,03  |  |   |  | [Auður Helga Halldórsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=93635) | 2005 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 4 | 2:26,67  |  |   |  | [Silvía Rós Valdimarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=120463) | 2005 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 5 | 2:30,18  |  |   |  | [Bryndís Einarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=127531) | 2005 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 6 | 2:35,33  |  |   |  | [Árbjörg Sunna Markúsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126764) | 2005 | GARPUR |   |  |  |  |  |  |  |  |  |
| ***600 metra hlaup - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 2:03,64 Pb.  |  |   |  | [Hrefna Sif Jónasdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126344) | 2004 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 2 | 2:13,07  |  |   |  | [Ragnheiður Jónsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126782) | 2004 | HEKLA |   |  |  |  |  |  |  |  |  |
| 3 | 2:14,21 Pb.  |  |   |  | [Heiðdís Lilja Erlingsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119416) | 2004 | GARPUR |   |  |  |  |  |  |  |  |  |
| 4 | 2:17,50 Sb.  |  |   |  | [Ingibjörg Bára Pálsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=70970) | 2004 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 5 | 2:20,54 Pb.  |  |   |  | [Margrét Inga Ágústsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96540) | 2004 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 6 | 2:22,23  |  |   |  | [Thelma Karen Siggeirsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112101) | 2004 | SELFOSS |   |  |  |  |  |  |  |  |  |
| ***800 metra hlaup - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 3:02,36 Pb.  |  |   |  | [Una Bóel Jónsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=81810) | 2003 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 2 | 3:04,97 Pb.  |  |   |  | [Eva María Baldursdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96523) | 2003 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 3 | 3:07,88 Pb.  |  |   |  | [Emilía Sól Guðmundsdóttir Öfjörð](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96088) | 2003 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 4 | 3:16,28 Pb.  |  |   |  | [Guðný Salvör Hannesdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119418) | 2003 | GARPUR |   |  |  |  |  |  |  |  |  |
| 5 | 3:16,37  |  |   |  | [Hildur Anna Sigurbjörnsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=82493) | 2003 | LAUGDÆLIR |   |  |  |  |  |  |  |  |  |
| 6 | 3:22,79  |  |   |  | [Þórdís Ósk Ólafsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135221) | 2003 | DÍMON |   |  |  |  |  |  |  |  |  |
| 7 | 3:46,18  |  |   |  | [Sandra Magnúsdóttir Kilinska](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135767) | 2003 | ÞÓR |   |  |  |  |  |  |  |  |  |
| ***800 metra hlaup - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 2:59,61  |  |   |  | [Valgerður Einarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126581) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 2 | 3:04,81 Pb.  |  |   |  | [Hildur Helga Einarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=55487) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 3 | 3:06,22 Pb.  |  |   |  | [Unnur María Ingvarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89223) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 4 | 3:09,41 Pb.  |  |   |  | [Ingibjörg Hugrún Jóhannesdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=81799) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 5 | 3:15,09  |  |   |  | [Þóra Erlingsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=82496) | 2002 | LAUGDÆLIR |   |  |  |  |  |  |  |  |  |
| ***60 metra grind (76,2 cm) - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 10,81  |  |   |  | [Solveig Þóra Þorsteinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112100) | 2002 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 2 | 11,21 Pb.  |  |   |  | [Hildur Helga Einarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=55487) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 3 | 11,27  |  |   |  | [Valgerður Einarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126581) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 4 | 11,58 Pb.  |  |   |  | [Unnur María Ingvarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89223) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 5 | 15,10  |  |   |  | [Ingibjörg Hugrún Jóhannesdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=81799) | 2002 | SELFOSS |   |  |  |  |  |  |  |  |  |
| ***60 metra grind (76,2 cm) - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 11,50  |  |   |  | [Helga Ósk Gunnsteinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119415) | 2003 | ÞÓR |   |  |  |  |  |  |  |  |  |
| 2 | 11,58  |  |   |  | [Una Bóel Jónsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=81810) | 2003 | HRUNAM. |   |  |  |  |  |  |  |  |  |
| 3 | 11,91  |  |   |  | [Eva María Baldursdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96523) | 2003 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 4 | 13,65  |  |   |  | [Alice Alexandra Flores](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102981) | 2003 | LAUGDÆLIR |   |  |  |  |  |  |  |  |  |
| 5 | 13,79  |  |   |  | [Heiðdís Lilja Erlingsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119416) | 2004 | GARPUR |   |  |  |  |  |  |  |  |  |
| 6 | 14,01  |  |   |  | [Emilía Sól Guðmundsdóttir Öfjörð](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96088) | 2003 | SELFOSS |   |  |  |  |  |  |  |  |  |
| 7 | 15,10  |  |   |  | [Guðný Salvör Hannesdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119418) | 2003 | GARPUR |   |  |  |  |  |  |  |  |  |
| 8 | 15,17  |  |   |  | [Þóra Björg Yngvadóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96557) | 2003 | GARPUR |   |  |  |  |  |  |  |  |  |
| ***Hástökk - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 1,30  |  |   |  | [Ingibjörg Bára Pálsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=70970) | 2004 | HRUNAM. | 0,90/o 1,00/o 1,05/o 1,10/o 1,15/o 1,20/xo 1,25/o 1,30/xo 1,35/xxx |  |  |  |  |  |  |  |  |
| 2 | 1,25 Pb.  |  |   |  | [Margrét Inga Ágústsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96540) | 2004 | SELFOSS | 0,90/o 1,00/o 1,05/o 1,10/xo 1,15/o 1,20/xo 1,25/xo 1,30/xxx |  |  |  |  |  |  |  |  |
| 3 | 1,15 Pb.  |  |   |  | [Hrefna Sif Jónasdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126344) | 2004 | SELFOSS | 0,90/o 1,00/o 1,05/o 1,10/o 1,15/o 1,20/xxx |  |  |  |  |  |  |  |  |
| 4 | 1,10 Pb.  |  |   |  | [Guðný Vala Björgvinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96528) | 2004 | HRUNAM. | 0,90/o 1,00/o 1,05/xxo 1,10/xo 1,15/xxx |  |  |  |  |  |  |  |  |
| 5 | 1,05 =Pb.  |  |   |  | [Heiðdís Lilja Erlingsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119416) | 2004 | GARPUR | 0,90/o 1,00/o 1,05/o 1,10/xxx |  |  |  |  |  |  |  |  |
| 6 | 1,05 Pb.  |  |   |  | [Thelma Karen Siggeirsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112101) | 2004 | SELFOSS | 0,90/o 1,00/o 1,05/xo 1,10/xxx |  |  |  |  |  |  |  |  |
| 7 | 1,00  |  |   |  | [Friðveig Dögg Sveinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144617) | 2004 | SELFOSS | 0,90/xo 1,00/o 1,05/xxx |  |  |  |  |  |  |  |  |
| 8 | 0,90 Pb.  |  |   |  | [Guðmunda Bríet Steindórsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126786) | 2004 | ÞJÓTANDI | 0,90/xo 1,00/xxx |  |  |  |  |  |  |  |  |
| ***Hástökk - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 1,22 Pb.  |  |   |  | [Auður Helga Halldórsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=93635) | 2005 | ÞÓR | 0,97/o 1,02/o 1,07/o 1,12/o 1,17/o 1,22/o 1,27/xxx |  |  |  |  |  |  |  |  |
| 2 | 1,17  |  |   |  | [Katrín Ósk Þrastardóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=118702) | 2005 | ÞÓR | 0,97/o 1,02/o 1,07/o 1,12/o 1,17/o 1,22/xxx |  |  |  |  |  |  |  |  |
| 3 | 1,17  |  |   |  | [Gígja Rut Gautadóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112091) | 2005 | ÞÓR | 0,97/o 1,02/o 1,07/o 1,12/xo 1,17/xxo 1,22/xxx |  |  |  |  |  |  |  |  |
| 4 | 1,12 Pb.  |  |   |  | [Bryndís Einarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=127531) | 2005 | HRUNAM. | 0,97/o 1,02/o 1,07/xxo 1,12/o 1,17/xxx |  |  |  |  |  |  |  |  |
| 5 | 1,12  |  |   |  | [Bríet Anna Heiðarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=127530) | 2005 | ÞÓR | 0,97/o 1,02/o 1,07/o 1,12/xo 1,17/xxx |  |  |  |  |  |  |  |  |
| 6 | 1,12 Pb.  |  |   |  | [Árbjörg Sunna Markúsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126764) | 2005 | GARPUR | 0,97/o 1,02/xo 1,07/xxo 1,12/xo 1,17/xxx |  |  |  |  |  |  |  |  |
| 7 | 1,07 Pb.  |  |   |  | [Agnes Fríða Þórðardóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135923) | 2005 | GARPUR | 0,97/o 1,02/o 1,07/xxo 1,12/xxx |  |  |  |  |  |  |  |  |
| 8 | 1,02  |  |   |  | [Hildur Björk Gunnsteinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126388) | 2005 | ÞÓR | 0,97/o 1,02/o 1,07/xxx |  |  |  |  |  |  |  |  |
| ***Hástökk - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 1,40  |  |   |  | [Valgerður Einarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126581) | 2002 | SELFOSS | 1,00/sl 1,10/sl 1,15/o 1,20/o 1,25/xo 1,30/o 1,35/xo 1,40/xo 1,45/xxx |  |  |  |  |  |  |  |  |
| 2-4 | 1,35 Pb.  |  |   |  | [Helena Ágústsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=55459) | 2002 | SELFOSS | 1,00/sl 1,10/o 1,15/o 1,20/o 1,25/o 1,30/o 1,35/xo 1,40/xxx |  |  |  |  |  |  |  |  |
| 2-4 | 1,35  |  |   |  | [Solveig Þóra Þorsteinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112100) | 2002 | ÞÓR | 1,00/sl 1,10/sl 1,15/sl 1,20/sl 1,25/o 1,30/o 1,35/xo 1,40/xxx |  |  |  |  |  |  |  |  |
| 2-4 | 1,35  |  |   |  | [Þóra Erlingsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=82496) | 2002 | LAUGDÆLIR | 1,00/sl 1,10/o 1,15/o 1,20/o 1,25/o 1,30/o 1,35/xo 1,40/xxx |  |  |  |  |  |  |  |  |
| 5 | 1,30  |  |   |  | [Hildur Helga Einarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=55487) | 2002 | SELFOSS | 1,00/sl 1,10/o 1,15/o 1,20/xo 1,25/xo 1,30/o 1,35/xxx |  |  |  |  |  |  |  |  |
| 6 | 1,30 Pb.  |  |   |  | [Unnur María Ingvarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89223) | 2002 | SELFOSS | 1,00/sl 1,10/o 1,15/o 1,20/xo 1,25/xo 1,30/xo 1,35/xxx |  |  |  |  |  |  |  |  |
| 7 | 1,00  |  |   |  | [Sigríður María Jónsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144618) | 2002 | SELFOSS | 1,00/xxo 1,10/xxx |  |  |  |  |  |  |  |  |
| ***Hástökk - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 1,42 =Pb.  |  |   |  | [Eva María Baldursdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96523) | 2003 | SELFOSS | 1,03/sl 1,08/sl 1,13/sl 1,18/sl 1,23/o 1,28/o 1,33/o 1,38/o 1,42/xxo 1,46/xxx |  |  |  |  |  |  |  |  |
| 2 | 1,33 Sb.  |  |   |  | [Una Bóel Jónsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=81810) | 2003 | HRUNAM. | 1,03/- 1,08/o 1,13/o 1,18/o 1,23/xo 1,28/xo 1,33/xo 1,38/xxx |  |  |  |  |  |  |  |  |
| 3 | 1,28  |  |   |  | [Helga Ósk Gunnsteinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119415) | 2003 | ÞÓR | 1,03/- 1,08/o 1,13/o 1,18/o 1,23/o 1,28/xo 1,33/xxx |  |  |  |  |  |  |  |  |
| 4 | 1,28  |  |   |  | [Helga Melsted Pálsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144640) | 2003 | HEKLA | 1,03/o 1,08/xo 1,13/o 1,18/o 1,23/o 1,28/xxo 1,33/xxx |  |  |  |  |  |  |  |  |
| 5 | 1,23  |  |   |  | [Guðmunda Þórunn Þorvarðardóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144639) | 2003 | HEKLA | 1,03/o 1,08/o 1,13/o 1,18/o 1,23/xo 1,28/xxx |  |  |  |  |  |  |  |  |
| 6 | 1,18 Pb.  |  |   |  | [Jóna Kolbrún Helgadóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102929) | 2003 | BISKUPST | 1,03/o 1,08/o 1,13/o 1,18/o 1,23/xxx |  |  |  |  |  |  |  |  |
| 7-8 | 1,13  |  |   |  | [Unnur Kjartansdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102925) | 2003 | BISKUPST | 1,03/o 1,08/o 1,13/o 1,18/xxx |  |  |  |  |  |  |  |  |
| 7-8 | 1,13 Pb.  |  |   |  | [Guðný Salvör Hannesdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119418) | 2003 | GARPUR | 1,03/o 1,08/o 1,13/o 1,18/xxx |  |  |  |  |  |  |  |  |
| 9 | 1,03  |  |   |  | [Emilía Sól Guðmundsdóttir Öfjörð](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96088) | 2003 | SELFOSS | 1,03/o 1,08/xxx |  |  |  |  |  |  |  |  |
| 10 | 1,03 Pb.  |  |   |  | [Þóra Björg Yngvadóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96557) | 2003 | GARPUR | 1,03/xo 1,08/xxx |  |  |  |  |  |  |  |  |
| ***Langstökk - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 4,48 Pb.  |  |   |  | [Una Bóel Jónsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=81810) | 2003 | HRUNAM. | 4,35/ - 4,48/ - 4,41/ - 4,39/ - / - / |  |  |  |  |  |  |  |  |
| 2 | 4,47 Pb.  |  |   |  | [Eva María Baldursdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96523) | 2003 | SELFOSS | 4,44/ - 4,44/ - 4,36/ - 4,47/ - / - / |  |  |  |  |  |  |  |  |
| 3 | 4,28 Pb.  |  |   |  | [Helga Ósk Gunnsteinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119415) | 2003 | ÞÓR | 4,27/ - 4,28/ - 4,20/ - 4,21/ - / - / |  |  |  |  |  |  |  |  |
| 4 | 3,98 Pb.  |  |   |  | [Alice Alexandra Flores](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102981) | 2003 | LAUGDÆLIR | 3,81/ - 3,90/ - 3,98/ - 3,93/ - / - / |  |  |  |  |  |  |  |  |
| 5 | 3,65 Pb.  |  |   |  | [Guðný Salvör Hannesdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119418) | 2003 | GARPUR | 3,56/ - 3,54/ - 3,59/ - 3,65/ - / - / |  |  |  |  |  |  |  |  |
| 6 | 3,63 Pb.  |  |   |  | [Unnur Kjartansdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102925) | 2003 | BISKUPST | 3,36/ - 3,51/ - 3,63/ - 3,48/ - / - / |  |  |  |  |  |  |  |  |
| 7 | 3,60 Pb.  |  |   |  | [Þórdís Ósk Ólafsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135221) | 2003 | DÍMON | 3,60/ - 3,58/ - 3,29/ - 3,56/ - / - / |  |  |  |  |  |  |  |  |
| 8 | 3,59  |  |   |  | [Jóna Kolbrún Helgadóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102929) | 2003 | BISKUPST | 3,46/ - óg/ - 3,59/ - óg/ - / - / |  |  |  |  |  |  |  |  |
| 9 | 3,49 =Pb.  |  |   |  | [Sandra Magnúsdóttir Kilinska](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135767) | 2003 | ÞÓR | 3,36/ - 3,42/ - 3,49/ - 3,48/ - / - / |  |  |  |  |  |  |  |  |
| 10 | 3,46 Pb.  |  |   |  | [Emilía Sól Guðmundsdóttir Öfjörð](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96088) | 2003 | SELFOSS | 3,41/ - 3,24/ - 3,33/ - 3,46/ - / - / |  |  |  |  |  |  |  |  |
| 11 | 2,97  |  |   |  | [Hildur Anna Sigurbjörnsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=82493) | 2003 | LAUGDÆLIR | óg/ - 2,72/ - 2,58/ - 2,97/ - / - / |  |  |  |  |  |  |  |  |
| 12 | 2,93 Pb.  |  |   |  | [Þóra Björg Yngvadóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96557) | 2003 | GARPUR | 2,93/ - 2,80/ - óg/ - 2,80/ - / - / |  |  |  |  |  |  |  |  |
| ***Langstökk - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 4,48  |  |   |  | [Solveig Þóra Þorsteinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112100) | 2002 | ÞÓR | 4,41/ - 4,48/ - óg/ - 4,23/ - / - / |  |  |  |  |  |  |  |  |
| 2 | 4,17 Pb.  |  |   |  | [Hildur Helga Einarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=55487) | 2002 | SELFOSS | 3,95/ - óg/ - 4,17/ - 3,99/ - / - / |  |  |  |  |  |  |  |  |
| 3 | 4,07  |  |   |  | [Valgerður Einarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126581) | 2002 | SELFOSS | 4,03/ - 4,07/ - 4,05/ - óg/ - / - / |  |  |  |  |  |  |  |  |
| 4 | 3,91 Pb.  |  |   |  | [Þóra Erlingsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=82496) | 2002 | LAUGDÆLIR | óg/ - 3,86/ - 3,91/ - 3,49/ - / - / |  |  |  |  |  |  |  |  |
| 5 | 3,75 Pb.  |  |   |  | [Helena Ágústsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=55459) | 2002 | SELFOSS | 3,65/ - 3,75/ - sl/ - sl/ - / - / |  |  |  |  |  |  |  |  |
| 6 | 3,70 Pb.  |  |   |  | [Unnur María Ingvarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89223) | 2002 | SELFOSS | 3,47/ - 3,21/ - 3,45/ - 3,70/ - / - / |  |  |  |  |  |  |  |  |
| 7 | 3,34 Pb.  |  |   |  | [Ingibjörg Hugrún Jóhannesdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=81799) | 2002 | SELFOSS | óg/ - 3,30/ - 3,34/ - 3,15/ - / - / |  |  |  |  |  |  |  |  |
| 8 | 2,35  |  |   |  | [Sigríður María Jónsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144618) | 2002 | SELFOSS | 1,63/ - óg/ - óg/ - 2,35/ - / - / |  |  |  |  |  |  |  |  |
| ***Langstökk - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 3,68  |  |   |  | [Hrefna Sif Jónasdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126344) | 2004 | SELFOSS | 3,68/ - 3,57/ - 3,53/ - sl/ - / - / |  |  |  |  |  |  |  |  |
| 2 | 3,63  |  |   |  | [Thelma Karen Siggeirsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112101) | 2004 | SELFOSS | sl/ - 1,96/ - 3,52/ - 3,63/ - / - / |  |  |  |  |  |  |  |  |
| 3 | 3,58  |  |   |  | [Heiðdís Lilja Erlingsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119416) | 2004 | GARPUR | 3,27/ - 3,33/ - 3,49/ - 3,58/ - / - / |  |  |  |  |  |  |  |  |
| 4 | 3,48 Pb.  |  |   |  | [Guðný Vala Björgvinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96528) | 2004 | HRUNAM. | 2,43/ - 3,48/ - 2,64/ - 2,70/ - / - / |  |  |  |  |  |  |  |  |
| 5 | 3,40  |  |   |  | [Margrét Inga Ágústsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96540) | 2004 | SELFOSS | sl/ - sl/ - sl/ - 3,40/ - / - / |  |  |  |  |  |  |  |  |
| 6 | 3,39  |  |   |  | [Ragnheiður Jónsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126782) | 2004 | HEKLA | 3,08/ - 3,20/ - 3,39/ - sl/ - / - / |  |  |  |  |  |  |  |  |
| 7 | 3,25  |  |   |  | [Ingibjörg Bára Pálsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=70970) | 2004 | HRUNAM. | 2,89/ - 3,25/ - 3,03/ - 2,97/ - / - / |  |  |  |  |  |  |  |  |
| 8 | 2,71  |  |   |  | [Friðveig Dögg Sveinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144617) | 2004 | SELFOSS | 2,69/ - 2,71/ - 2,71/ - 2,51/ - / - / |  |  |  |  |  |  |  |  |
| 9 | 2,46  |  |   |  | [Guðmunda Bríet Steindórsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126786) | 2004 | ÞJÓTANDI | 2,46/ - 2,06/ - 1,81/ - sl/ - / - / |  |  |  |  |  |  |  |  |
| ***Langstökk - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 3,83 Pb.  |  |   |  | [Auður Helga Halldórsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=93635) | 2005 | ÞÓR | 3,50/ - 3,65/ - 3,77/ - 3,83/ - / - / |  |  |  |  |  |  |  |  |
| 2 | 3,67 Pb.  |  |   |  | [Katrín Ósk Þrastardóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=118702) | 2005 | ÞÓR | 3,45/ - 3,57/ - 3,39/ - 3,67/ - / - / |  |  |  |  |  |  |  |  |
| 3 | 3,60 Pb.  |  |   |  | [Hildur Björk Gunnsteinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126388) | 2005 | ÞÓR | 3,17/ - 3,29/ - 3,28/ - 3,60/ - / - / |  |  |  |  |  |  |  |  |
| 4 | 3,37  |  |   |  | [Árbjörg Sunna Markúsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126764) | 2005 | GARPUR | 3,12/ - 3,20/ - 3,37/ - óg/ - / - / |  |  |  |  |  |  |  |  |
| 5 | 3,24  |  |   |  | [Silvía Rós Valdimarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=120463) | 2005 | ÞÓR | 3,20/ - 3,19/ - 3,24/ - óg/ - / - / |  |  |  |  |  |  |  |  |
| 6 | 3,22 Pb.  |  |   |  | [Bryndís Einarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=127531) | 2005 | HRUNAM. | 2,98/ - 3,04/ - 2,87/ - 3,22/ - / - / |  |  |  |  |  |  |  |  |
| 7 | 3,16  |  |   |  | [Bríet Anna Heiðarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=127530) | 2005 | ÞÓR | 2,91/ - 3,00/ - 3,16/ - óg/ - / - / |  |  |  |  |  |  |  |  |
| 8 | 3,11  |  |   |  | [Gígja Rut Gautadóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112091) | 2005 | ÞÓR | 2,86/ - 3,04/ - 3,08/ - 3,11/ - / - / |  |  |  |  |  |  |  |  |
| 9 | 2,93 Pb.  |  |   |  | [Auður Magnea Sigurðardóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112087) | 2005 | ÞÓR | 2,76/ - 2,72/ - 2,93/ - 2,73/ - / - / |  |  |  |  |  |  |  |  |
| 10 | 2,66  |  |   |  | [Erlín Katla Hansdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144638) | 2005 | ÞJÓTANDI | 2,62/ - óg/ - 2,63/ - 2,66/ - / - / |  |  |  |  |  |  |  |  |
| 11 | 2,55  |  |   |  | [Agnes Fríða Þórðardóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135923) | 2005 | GARPUR | 2,23/ - 2,55/ - 2,16/ - 2,37/ - / - / |  |  |  |  |  |  |  |  |
| 12 | 2,53  |  |   |  | [Þorbjörg Skarphéðinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126765) | 2005 | GARPUR | 2,53/ - 2,46/ - 2,48/ - 2,48/ - / - / |  |  |  |  |  |  |  |  |
| 13 | 2,36  |  |   |  | [Rebekka Georgsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135434) | 2005 | HRUNAM. | 2,36/ - 2,30/ - 2,34/ - 2,27/ - / - / |  |  |  |  |  |  |  |  |
| 14 | 2,03  |  |   |  | [Aldís Tanja Söndrudóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135015) | 2005 | ÞJÓTANDI | 2,03/ - óg/ - óg/ - óg/ - / - / |  |  |  |  |  |  |  |  |
| ***Kúluvarp (2,0 kg) - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 9,18  |  |   |  | [Una Bóel Jónsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=81810) | 2003 | HRUNAM. | 9,18 - 9,00 - óg - óg - - |  |  |  |  |  |  |  |  |
| 2 | 8,80  |  |   |  | [Eva María Baldursdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96523) | 2003 | SELFOSS | 8,52 - 8,55 - 8,05 - 8,80 - - |  |  |  |  |  |  |  |  |
| 3 | 8,15 Pb.  |  |   |  | [Þóra Björg Yngvadóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96557) | 2003 | GARPUR | 7,55 - 7,76 - 6,66 - 8,15 - - |  |  |  |  |  |  |  |  |
| 4 | 8,05 Pb.  |  |   |  | [Emilía Sól Guðmundsdóttir Öfjörð](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96088) | 2003 | SELFOSS | 6,19 - 7,67 - 8,05 - 7,54 - - |  |  |  |  |  |  |  |  |
| 5 | 8,01  |  |   |  | [Sandra Magnúsdóttir Kilinska](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135767) | 2003 | ÞÓR | 8,00 - 7,46 - 7,87 - 8,01 - - |  |  |  |  |  |  |  |  |
| 6 | 7,25 Pb.  |  |   |  | [Guðný Salvör Hannesdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119418) | 2003 | GARPUR | 6,18 - 7,25 - 6,84 - 6,84 - - |  |  |  |  |  |  |  |  |
| 7 | 7,19 Pb.  |  |   |  | [Ísabella Margrét Pálsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=127506) | 2003 | HSK | 7,15 - 6,76 - 7,10 - 7,19 - - |  |  |  |  |  |  |  |  |
| 8 | 6,96  |  |   |  | [Helga Ósk Gunnsteinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=119415) | 2003 | ÞÓR | 6,54 - 6,71 - 6,29 - 6,96 - - |  |  |  |  |  |  |  |  |
| 9 | 6,86  |  |   |  | [Unnur Kjartansdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102925) | 2003 | BISKUPST | 6,16 - 6,08 - 6,46 - 6,86 - - |  |  |  |  |  |  |  |  |
| 10 | 6,79  |  |   |  | [Jóna Kolbrún Helgadóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102929) | 2003 | BISKUPST | 6,69 - 6,14 - 6,52 - 6,79 - - |  |  |  |  |  |  |  |  |
| 11 | 6,38  |  |   |  | [Hildur Anna Sigurbjörnsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=82493) | 2003 | LAUGDÆLIR | 6,38 - 5,99 - 5,89 - 5,55 - - |  |  |  |  |  |  |  |  |
| 12 | 5,96  |  |   |  | [Alice Alexandra Flores](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=102981) | 2003 | LAUGDÆLIR | 5,85 - 5,96 - 5,57 - 5,33 - - |  |  |  |  |  |  |  |  |
| ***Kúluvarp (2,0 kg) - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 6,29 Pb.  |  |   |  | [Árbjörg Sunna Markúsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126764) | 2005 | GARPUR | 6,29 - 6,07 - 6,27 - 6,25 - - |  |  |  |  |  |  |  |  |
| 2 | 6,19 Pb.  |  |   |  | [Auður Helga Halldórsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=93635) | 2005 | ÞÓR | 5,86 - 5,96 - 5,72 - 6,19 - - |  |  |  |  |  |  |  |  |
| 3 | 6,13 Pb.  |  |   |  | [Hildur Björk Gunnsteinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126388) | 2005 | ÞÓR | óg - 5,70 - 6,13 - 6,00 - - |  |  |  |  |  |  |  |  |
| 4 | 5,93 Pb.  |  |   |  | [Gígja Rut Gautadóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112091) | 2005 | ÞÓR | 5,43 - 5,75 - 5,73 - 5,93 - - |  |  |  |  |  |  |  |  |
| 5 | 5,85  |  |   |  | [Bríet Anna Heiðarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=127530) | 2005 | ÞÓR | 5,83 - 5,85 - 5,78 - óg - - |  |  |  |  |  |  |  |  |
| 6 | 5,76  |  |   |  | [Katrín Ósk Þrastardóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=118702) | 2005 | ÞÓR | 5,76 - 5,33 - 5,75 - 4,94 - - |  |  |  |  |  |  |  |  |
| 7 | 5,71  |  |   |  | [Rebekka Georgsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=135434) | 2005 | HRUNAM. | 5,51 - 5,70 - 5,71 - 5,23 - - |  |  |  |  |  |  |  |  |
| 8 | 5,57 Pb.  |  |   |  | [Þorbjörg Skarphéðinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126765) | 2005 | GARPUR | 5,46 - óg - 5,34 - 5,57 - - |  |  |  |  |  |  |  |  |
| 9 | 5,34 Pb.  |  |   |  | [Bryndís Einarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=127531) | 2005 | HRUNAM. | 4,95 - 5,19 - 4,99 - 5,34 - - |  |  |  |  |  |  |  |  |
| 10 | 5,02  |  |   |  | [Erlín Katla Hansdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144638) | 2005 | ÞJÓTANDI | 4,91 - 5,02 - 4,95 - 4,71 - - |  |  |  |  |  |  |  |  |
| 11 | 4,40  |  |   |  | [Matthildur Sif Pálsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112097) | 2005 | HRUNAM. | 4,36 - 4,40 - 4,13 - 4,07 - - |  |  |  |  |  |  |  |  |
| ***Kúluvarp (2,0 kg) - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 7,86  |  |   |  | [Ingibjörg Bára Pálsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=70970) | 2004 | HRUNAM. | 7,44 - 7,41 - 7,45 - 7,86 - - |  |  |  |  |  |  |  |  |
| 2 | 7,08 Pb.  |  |   |  | [Ragnheiður Jónsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126782) | 2004 | HEKLA | 6,91 - 7,08 - 6,59 - 6,30 - - |  |  |  |  |  |  |  |  |
| 3 | 6,43  |  |   |  | [Guðný Vala Björgvinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96528) | 2004 | HRUNAM. | 6,43 - 5,51 - 5,89 - 6,16 - - |  |  |  |  |  |  |  |  |
| 4 | 6,09  |  |   |  | [Margrét Inga Ágústsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=96540) | 2004 | SELFOSS | 5,78 - 5,36 - 5,92 - 6,09 - - |  |  |  |  |  |  |  |  |
| 5 | 5,91  |  |   |  | [Hrefna Sif Jónasdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126344) | 2004 | SELFOSS | óg - 5,78 - 5,72 - 5,91 - - |  |  |  |  |  |  |  |  |
| 6 | 5,90  |  |   |  | [Thelma Karen Siggeirsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112101) | 2004 | SELFOSS | 5,44 - 5,51 - 5,90 - 5,63 - - |  |  |  |  |  |  |  |  |
| 7 | 5,45  |  |   |  | [Friðveig Dögg Sveinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144617) | 2004 | SELFOSS | óg - 4,64 - 4,82 - 5,45 - - |  |  |  |  |  |  |  |  |
| 8 | 5,25 Pb.  |  |   |  | [Guðmunda Bríet Steindórsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126786) | 2004 | ÞJÓTANDI | óg - 5,20 - 4,88 - 5,25 - - |  |  |  |  |  |  |  |  |
| ***Kúluvarp (3,0 kg) - Kvenna - 10.01.2016*** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 9,44  |  |   |  | [Hildur Helga Einarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=55487) | 2002 | SELFOSS | 9,31 - 9,44 - 8,65 - 7,98 - - |  |  |  |  |  |  |  |  |
| 2 | 8,27  |  |   |  | [Þóra Erlingsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=82496) | 2002 | LAUGDÆLIR | 7,77 - 8,27 - 8,04 - 7,60 - - |  |  |  |  |  |  |  |  |
| 3 | 7,51  |  |   |  | [Helena Ágústsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=55459) | 2002 | SELFOSS | 7,18 - 6,88 - 7,51 - 7,50 - - |  |  |  |  |  |  |  |  |
| 4 | 7,43  |  |   |  | [Solveig Þóra Þorsteinsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=112100) | 2002 | ÞÓR | 6,48 - 6,44 - 6,98 - 7,43 - - |  |  |  |  |  |  |  |  |
| 5 | 7,04  |  |   |  | [Unnur María Ingvarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=89223) | 2002 | SELFOSS | 6,87 - 6,67 - 6,70 - 7,04 - - |  |  |  |  |  |  |  |  |
| 6 | 6,50  |  |   |  | [Valgerður Einarsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=126581) | 2002 | SELFOSS | 5,95 - 6,50 - 6,10 - 6,04 - - |  |  |  |  |  |  |  |  |
| 7 | 5,89  |  |   |  | [Sigríður María Jónsdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=144618) | 2002 | SELFOSS | 5,89 - 5,28 - 4,29 - sl - - |  |  |  |  |  |  |  |  |
| 8 | 5,20  |  |   |  | [Ingibjörg Hugrún Jóhannesdóttir](http://82.221.94.225/MotFri/CompetitorsAchievements.aspx?CompetitorCode=81799) | 2002 | SELFOSS | 4,93 - 3,70 - 5,01 - 5,20 - - |  |  |  |  |  |  |  |  |